

# The Three Horseshoes -



All our food is home-cooked. If there's something that you would like altered please ask.

## *To begin*

Potted Brown Shrimp	with brown toast fingers	£5.75
Smoked salmon rosettes with horseradish cream	garnished with capers, onions and lemon	£5.95
Parma ham & figs	with focaccia croutons	£5.75
Homemade Soup with crusty bread	See Board for "Soup of the Day"	£5.45
Rosary Goats cheese	with roasted Mediterranean vegetable salad	£5.95
Mussels in a white wine and cream sauce with a hint of chilli	With crusty bread to mop up the juices	£5.95
Chicken Liver & Cognac Pate	served with sticky onion marmalade and melba toast	£5.95
Smoked Haddock Fish Cake	with a mild curry cream sauce	£5.95

## *Mains.... Old Favourites*

Sausage and mash- char grilled trio of 'Brocks' sausages	with buttered mash, savoy cabbage and rich onion gravy	£8.95
Lamb shank- braised with mint, garlic and rosemary	Served with creamy mash	£12.95
Ham, egg and chips- Home baked gammon with sugar and mustard glaze	With free range eggs and chips	£8.95
Liver and Bacon- pan fried calf's liver and bacon with mash and onion gravy		£8.95
Home- made Burger - 9 oz burger on a toasted bun with tomato & onion chutney and chips. Served plain or with bacon, egg, stilton or cheddar	(£1 per topping)	£8.95
Steak and Ale Pie- made with London Pride (what else!) -in a wholegrain mustard & suet pie crust served with parsnips and creamy mash		£9.95
Vegetable Lasagne	served with garlic bread & salad garnish	£8.95
Pan- fried Barbary Duck (served pink) with dark cherry jus,	dauphinoise potatoes & French beans with apricot and orange chutney	£12.95

<i>Sautéed Chicken</i> served with dauphinoise potato with a cream, white wine and mushroom sauce with garlic beans and vine tomatoes	£9.95
<i>Pasta with Mediterranean vegetables and pesto</i>	£8.95
<i>Tagliatelle Carbonara</i> –(creamy bacon and mushroom sauce)	£8.95
<i>Chilli Con Carne</i> with rice timbale and garlic bread	£8.95
<i>8oz Rib Eye Steak</i> with chips, tomatoes, mushrooms, onion rings & peas	£12.95
<i>Fillet Steak</i> with chips tomatoes, mushrooms, onion rings and peas	£17.95
Add a sauce to your steak! (Peppercorn, Diane, or Blue cheese )	£1.95
<i>Risotto with Mediterranean Vegetables and Pine nuts</i> served with bruschetta	£9.50

### *Fish .....*

<i>Hampshire Trout</i> - grilled with almonds and beurre noisette, dauphinoise potatoes green beans and vine tomatoes	£11.95
<i>Fish &amp; Chips</i> - Beer battered(London pride) Cod with peas (mushy or garden)	£8.95
<i>Mussels</i> - same as starter- only bigger!	£8.95
<i>Smoked Haddock Fish Cakes</i> with a mild curry cream sauce served with Pak Choi	£ 9.95
<i>Tuna Loin</i> - char grilled & glazed with plum tomatoes, mozzarella & pesto	£11.95

Platter of fresh seasonal vegetables    £2.50

### *Salads.....*

<i>Fresh Tuna Nicoise</i> - tuna loin, new potatoes, green beans, olives garnished with egg with balsamic dressing.	£10.95
<i>Chicken Caesar</i> grilled chicken, Cos lettuce, sun blush tomatoes, parmesan, olives & croutons with a rich Caesar dressing	£9.95
<i>Greek salad</i> -mixed leaves, Feta cheese, cucumber, olives, oregano and pine nuts	£8.95

### *And to finish .....*

See our desserts menu for home-made hot and cold puddings or a platter of local cheeses and biscuits